

# Anthem Insurance Information

PLEASE READ THE FOLLOWING SECTION CAREFULLY IF YOU PLAN TO USE YOUR ANTHEM  
HEALTH INSURANCE

Please initial each item to indicate that you have read and understand it:

1. I understand that it is my responsibility to contact my insurance company to find out:
  - a. What my insurance mental health benefits are (it may be different than your physical health insurance coverage)\_\_\_\_\_
  - b. What the co-pay and deductible amounts are\_\_\_\_\_
  - c. If a referral is needed from your primary physician\_\_\_\_\_
  - d. How many visits per year you are allowed under your insurance plan\_\_\_\_\_
  - e. If your therapist has to fill out a treatment plan before you can use your benefits\_\_\_\_\_
  
2. I understand that if my insurance company does not pay, I will be responsible for the balance owed to my therapist. \_\_\_\_\_
  
3. I understand that when I elect to use my health insurance benefits to pay for psychotherapy services that my diagnosis, symptoms and substance abuse (if any) issues and history will become part of my permanent health insurance records. My insurance company has retained the right to access and copy any and all of my record. \_\_\_\_\_
  
4. Your therapist may be required to fax treatment plans and diagnostic reports to your insurance carrier. In some instances, this information may be submitted to insurance databases and/or employers when they are the purchasers of your medical/mental health benefits. You have most likely waived your rights of confidentiality when you signed up with your insurance company. \_\_\_\_\_
  
5. If I do not understand any of the above items I will ask for clarification \_\_\_\_\_

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Name \_\_\_\_\_ Date \_\_\_\_\_

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Name \_\_\_\_\_ Date \_\_\_\_\_

# Anthem Insurance Information

(PLEASE PRINT)

NAME \_\_\_\_\_ BIRTH DATE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE \_\_\_\_\_ PHONE: \_\_\_\_\_

WHOSE INSURANCE IS THIS? \_\_\_\_\_

BIRTH DATE OF  
INSURED: \_\_\_\_\_

ADDRESS OF INSURED (IF DIFFERENT THAN CLIENT)

CITY: \_\_\_\_\_ STATE \_\_\_\_\_ PHONE: \_\_\_\_\_

INSURED PLACE OF EMPLOYMENT: \_\_\_\_\_

ANTHEM ID # \_\_\_\_\_

ANTHEM GROUP # \_\_\_\_\_

**PLEASE NOTE:**

**YOU ARE RESPONSIBLE FOR CALLING YOUR INSURANCE AND VERIFYING, YOUR DEDUCTIBLE AMOUNT, CO-PAY, AND NUMBER OF SESSIONS ALLOWED PER YEAR.**

**I UNDERSTAND THAT IF MY INSURANCE COMPANY DOES NOT PAY, I WILL BE RESPONSIBLE FOR MISSED SESSIONS.**

\_\_\_\_\_  
**SIGNATURE**

DEDUCTIBLE: \_\_\_\_\_ CO-PAY \_\_\_\_\_

SESSIONS PER YEAR \_\_\_\_\_

**PLEASE NOTE: INSURANCE COMPANIES WILL NOT PAY FOR MISSED SESSIONS. I UNDERSTAND THAT I WILL BE RESPONSIBLE FOR THE FULL INSURANCE RATE IF I DO NOT GIVE 24 HOUR NOTICE**

\_\_\_\_\_  
**SIGNATURE**

**NewPaths, LLC  
Sheri Rezak-Irons, LCSW**